

Polar Heart Rate Seminar

At The Runner's Soul

Lori Dunn ACE certified trainer

(Running group trainer)

&

Eric Bergamo-Polar Representative

We want to keep you training smart!

Come and let us fit you in a Heart Rate Monitor for your training

Hydration
and
Healthy
Snack



15% off
retail, night
of event

Polar Watch
demonstrations!

Sunday Night July 12 5:30 p.m.

Space limited

RSVP 630-832-7685 by Monday July 6